



# PROVIDER ALERT

May 1, 2023 Provider Alert on Reimbursement Rate  
Increases, Effective July 1, 2023

**Alert Summary:** This provider alert is to advise you of Idaho Medicaid-approved reimbursement rate increases to 38 unique service codes for Psychotherapy, Intensive Outpatient, Substance Use Treatment, Skills Building, Community Based Services, Psychological / Neuropsychological Testing, Behavior Modification and Consultation, Medication Management and Language Interpretation Services on the Optum fee schedule, all effective July 1, 2023.

Dear Provider,

In a continued effort to support members and providers, Optum Idaho continually looks for ways to improve the provider experience based on feedback received from the daily interactions and collaborations we have with the provider community. Additionally, Optum Idaho routinely works with the Idaho Department of Health and Welfare’s Division of Medicaid to conduct analysis of provider reimbursement rates for the services covered by the Idaho Behavioral Health Plan (IBHP). As a result of this ongoing collaboration and additional funding approved during the 2023 Idaho Legislative Session, the Division of Medicaid approved an increase to 38 behavioral health service reimbursement rates. All rate increases will be effective July 1, 2023. This provider alert serves as a 60-day advance notice of these plan changes.

The revised Fee Schedule reflecting these 38 rate increases is included below. Unless otherwise indicated, the identified increases impact all provider types represented on the Fee Schedule. The full service definitions and medical necessity requirements of these and all other codes reimbursed under the IBHP can be found in the [Optum Idaho IBHP Provider Manual](#) and [Level of Care Guidelines](#), respectively, located on [OptumIdaho.com > For Network Providers > Guidelines & Policies](#).

CPT	Description	Rate Increase
	<b>Psychotherapy and Comprehensive Diagnostic Assessment Services</b>	
90791	Psychiatric Diagnostic Evaluation; Comprehensive Diagnostic Assessment	15% Increase
90832	Psychotherapy, 30 minutes	20% Increase
90834	Psychotherapy, 45 minutes	20% Increase
90837	Psychotherapy, 60 minutes	20% Increase
90847	Family Psychotherapy, with patient present	15% Increase
90853	Group Psychotherapy	5% Increase
S9480	Intensive Outpatient Program (IOP) - Psychiatric Services	10% Increase

	<b>Substance Use Disorder Services</b>	
H0001	Individual Assessment and Treatment Plan – Substance Use	30% Increase
H0004	Individual Counseling – Substance Use	30% Increase
H0005	Group Counseling – Substance Use	20% Increase
H0015	Intensive Outpatient Program (IOP) - Substance Use	10% Increase
	<b>Skills Building and Other Community Based Services</b>	
H0032	Individualized Skills Building Treatment Plan	10% Increase
H0038	Peer Support by certified Peer Support Specialist	5% Increase
H2014	Skills Training and Development (STAD)	30% Increase
H2017	Community Based Rehabilitation Services (CBRS)	10% Increase
S5150	Respite Care (Available only to members under 1915i)	30% Increase
T1017	Case Management / Targeted Care Coordination (TCC)	5% Increase
	<b>Psychological / Neuropsychological Testing</b>	
96116	Neurobehavioral status exam by professional; first hour	5% Increase
96121	Neurobehavioral status exam by professional; each additional hour.	5% Increase
96130	Psychological testing evaluation services by physician or other qualified health care professional, including integration of patient data, interpretation of standardized test results and clinical data, clinical decision making, treatment planning and report, and interactive feedback to the patient, family member(s) or caregiver(s), when performed; first hour	5% Increase
96131	Each additional hour of Psychological testing evaluation services (see procedure code 96130)	5% Increase
96132	Neuropsychological testing evaluation services by physician or other qualified health care professional, including integration of patient data, interpretation of standardized test results and clinical data, clinical decision making, treatment planning and report, and interactive feedback to the patient, family member(s) or caregiver(s), when performed; first hour	5% Increase
96133	Each additional hour of Neuropsychological testing evaluation services (see procedure code 96132)	5% Increase
96136	Psychological or Neuropsychological test administration and scoring by physician or other qualified health care professional, two or more tests, any method; first 30 minutes	5% Increase
96137	Each additional 30 minutes of Psychological or Neuropsychological test administration and scoring services by physician or other qualified health care professional (see procedure code 96136)	5% Increase
96139	Each additional 30 minutes of Psychological or Neuropsychological test administration and scoring services by technician (see procedure code 96138)	5% Increase
	<b>Behavior Modification and Consultation</b>	
97151	Behavior identification assessment (Behavior Modification Functional Behavioral Assessment), administered by a physician or other qualified healthcare professional	10% Increase <b>to HN modifier only</b>

97153	Adaptive behavior treatment by protocol, administered by technician under the direction of a physician or other qualified healthcare professional	10% Increase to <b>HM modifier only</b>
<b>Medication Management</b>		
99202	Office Outpatient New Patient; 15 minutes	20% Increase
99203	Office Outpatient New Patient; 30 minutes	20% Increase
99204	Office Outpatient New Patient; 45 minutes	20% Increase
99205	Office Outpatient New Patient; 60 minutes	20% Increase
99211	Office Outpatient Established Patient; 5 minutes	10% Increase
99212	Office Outpatient Established Patient; 10-19 minutes	20% Increase
99213	Office Outpatient Established Patient; 20-29 minutes	20% Increase
99214	Office Outpatient Established Patient; 30-39 minutes	20% Increase
99215	Office Outpatient Established Patient; 40-54 minutes	20% Increase
<b>Other Services</b>		
T1013	Language Interpretation Services	20% Increase

Providers will receive the updated fee schedule with these reimbursement increases in the July 3, 2023, Provider Alert email. Achievement in Clinical Excellence (ACE) providers will receive their fee schedules via email from their regional Provider Relations Advocate.

Optum is committed to working with providers and the Idaho Department of Health and Welfare to routinely review provider reimbursement rates and administrative processes to help ensure we continue to advance the Idaho Behavioral Health Care system.

Please contact your provider relations advocate or email [optum\\_idaho\\_network@optum.com](mailto:optum_idaho_network@optum.com) if you have any questions.

Thank you,

The Optum Idaho team

